








# Breakfast



<b>Chia, cocoa &amp; cardamom pudding</b> 	<b>165</b>
Cocoa nibs + banana + nuts	
<b>Overnight Oats with Quinoa</b> 	<b>165</b>
Vanilla soaked oatmeal + quinoa + toasted almonds	
<ul style="list-style-type: none"><li>• Apple or banana</li><li>• Almond or Coconut Milk</li></ul>	
<b>French Toast + Matcha Tea</b> 	<b>160</b>
Brioche + strawberries + yogurt foam + maple syrup + sugar & matcha	
<b>Avocado + Egg Toast</b> 	<b>165</b>
Black brioche + avocado + hardboiled egg + tomato + pickled pepper + chili flakes	
<ul style="list-style-type: none"><li>• Quinoa + seeds bread </li><li>• Goat cheese</li></ul>	
<b>Mushrooms &amp; Spinach Omelette</b> 	<b>175</b>
Egg white + avocado + toasted bread + salad	
<b>Smoothie Bowl</b> 	<b>185</b>
<ul style="list-style-type: none"><li>• Antioxidant</li></ul> Banana + red fruits + oats + flaxseed + mint + almond milk + agave honey + toasted almonds	
<ul style="list-style-type: none"><li>• Tropical</li></ul> Mango + papaya + coconut milk + agave honey + toasted coconut + red fruits + pumpkin seed	